



Creamy Alfredo Mac and Cheese

Like magic, puréed cauliflower adds rich body to this sauce without a speck of cream or butter. Satisfying on its own or with roasted chicken or pork tenderloin. For a version of this mac and cheese with a bolder flavor, try using grated Pecorino Romano in place of Parmesan. Pecorino is made with sheep's milk instead of cow's milk, making its flavor a bit saltier and sharper.

Read the full recipe [here](#).